



# *The Delwood* **Views**

March 2014

## **No Plans for St. Patrick's Day? Delwood AGM Needs Your Attendance**

### **Quorum Needed**

We must have quorum at the annual general meeting to be able to proceed with running the community. Without quorum we cannot conduct the business of the community including electing a new Executive Board and running the many programs that you enjoy.

Any Delwood resident, with a current community membership qualifies as a voting member. Memberships will be available at the meeting.

**Your community league needs your attendance,  
so please bring your neighbours with you.**

### **Your community has an exciting year coming up!**

We have programs and events to plan: a very successful soccer program, youth programs, Fall Festival and more!

We also have some major maintenance and improvements to the hall and rink to consider.

**Have your say as we discuss our upcoming year.**

### **DELWOOD COMMUNITY LEAGUE Annual General Meeting**

**March 17, 2014** at 6:30 pm  
Delwood Community Hall

### **Many Hands Make Light Work**

We have consistently had vacant positions on the Board over the past few years, so please consider giving the community some of your time by volunteering for the Executive Board.

Do you have specific interests or talents you would like to share? There are committees looking to start up:

- 2015 50th Anniversary Celebration
- New Playground
- Community Garden

Ongoing Volunteer Opportunities:

- Bottle Drive
- Casino
- Fall Festival
- Rummage Sale

If you have any questions about the Executive Board positions please contact Greg Sorenson at [president@delwood.ca](mailto:president@delwood.ca) or (780) 472-7864.

## 2013/2014 Delwood Community League Executive

### **PRESIDENT**

Greg Sorenson 780.472.7864  
president@delwood.ca

### **VICE PRESIDENT – Administration**

Vacant

### **VICE PRESIDENT – Operations**

Vacant

### **SECRETARY/ COMMUNICATIONS DIRECTOR**

Carol Dragich Bishop 780.439.1235  
secretary@delwood.ca  
dir-communications@delwood.ca

### **TREASURER**

Darlene Clark 780.475.0028  
treasurer@delwood.ca

### **CIVICS DIRECTOR**

Victoria Powluk dir-civics@delwood.ca

### **FACILITIES DIRECTOR**

Dick Nichols (res) 780.476.3221  
(cell) 780.884.3221  
dir-facilities@delwood.ca

### **FUNDRAISING DIRECTOR/BINGOS**

Roberta Lapointe 780.456.0522  
dir-fundraising@delwood.ca

### **MEMBERSHIP DIRECTOR**

Kim Phair 780.473.3843  
dir-membership@delwood.ca

### **PROGRAM DIRECTOR**

Shawna J. Serniak 780.953.3184  
dir-program@delwood.ca

### **SENIORS LIAISON DIRECTOR**

Karen Bademan 780.473.2925  
dir-seniorsliaison@delwood.ca

### **SPORTS DIRECTOR**

Al Clark 780.475.0028  
dir-sports@delwood.ca

## Delwood Community League

7515 Delwood Road  
Edmonton, AB T5C 3A9  
views@delwood.ca  
www.delwood.ca



facebook.com/DelwoodAGreatPlaceToGrow

## Executive Meetings

Delwood Community League Executive meets every third Monday at 6:30 p.m.

Delwood residents who have ideas to share or questions are welcome to attend a meeting or contact a member of the executive.

## Delwood Hall Rental Information

Rental Type	Public Rate	Delwood Resident Member Rate
Friday/Saturday	\$450	\$350
Sunday	\$300	\$200
Weekday	\$200	\$150
Wedding Package (Fri 4 p.m. - Sun 4 p.m.)	\$700	\$600
Funeral Package	\$100	\$50
Hourly Rate	\$40	\$35

For more information on our hall, or to make a booking, contact our Hall Facilitator:

Chantal Chinni 780.406.9022  
hall@delwood.ca

## Delwood Community League **MEMBERSHIPS**



Did you know for \$25 a household you will get all of the following?

- Discounts on Delwood Sponsored Programs & Events
- Free Ice Skating
- Free Delwood Community Swims at O'Leary and Londonderry Pool
- Discount on Delwood Hall Rentals
- Discounts on Table/Booth Rents at our Events
- Present your membership card at any one of the City of Edmonton's sports and fitness facilities and get these discounts:
  - Annual Pass — 10% discount on Adult, Family, Child, and Youth/Senior Annual Passes
  - Multi Admission Pass — 10% discount on our already discounted multi admission pass (10+ visits)
  - Continuous Monthly Pass — 10% discount off an on-going monthly membership pass using our convenient Pre-Authorized Debit Program.
- Discounts with some of our local businesses

Contact Kim Phair, Membership Director at 780-473-3843

Memberships can also be purchased at the Fall Festival, Soccer Registration or online at [www.efcl.org/Store/PurchaseLeagueMembership](http://www.efcl.org/Store/PurchaseLeagueMembership)

## **SENIORS**

**here is your opportunity to tell  
Delwood what you would like for  
the community to do for you!**

We would like to be able to serve you and put in place things you would like to see happen in Delwood. Activities, sports, card games, craft sale and baking sales, exercise classes, senior dances, group activities, etc.

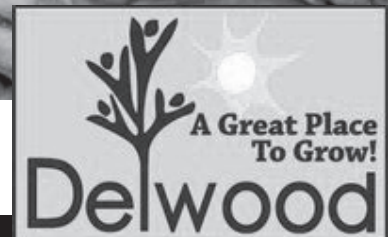
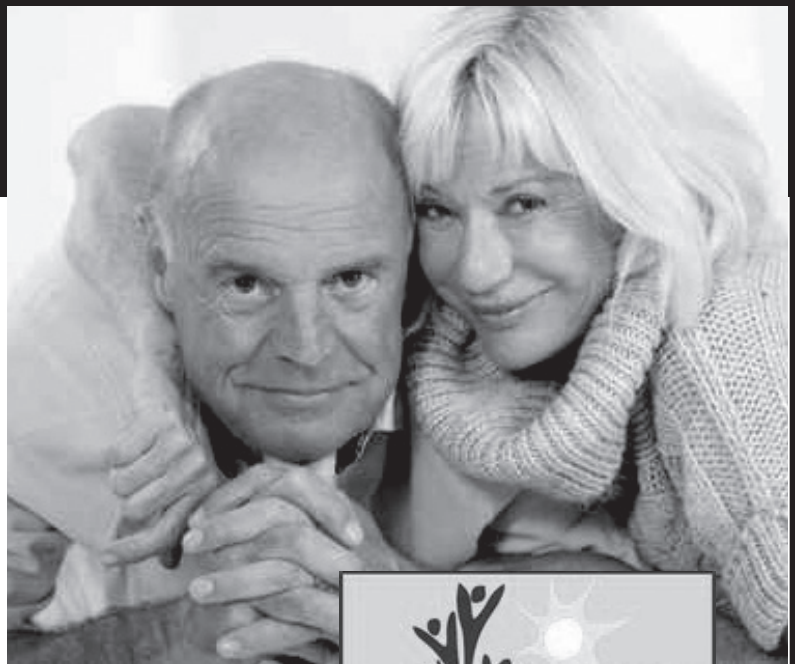
If you have any ideas or suggestions on what you would like to see happen in the Delwood Community let us know. It could be anything that is of interest to you and your friends.

Please contact your  
Delwood Seniors Liaison Director

**Karen Bademan**

at **780-473-2925**

Please leave a message if Karen is not available. Thank- you!



## Short Sports

Children will have a ball and learn basic skills playing cooperative sports and games, including tee ball, mini soccer, obstacle courses and relay races.

**WHEN:**

Wednesdays • May 14 - June 25, 2014

**TIME:**

6 - 7:30 p.m.

**AGES:**

Children 4 - 6 years old

**COST:**

\$15.00 for Delwood Member

\$25.00 for Non-Delwood Member

**REGISTRATION:**

Contact Shawna to register your child(ren) at [dir-program@delwood.ca](mailto:dir-program@delwood.ca)

**INCLUDE:**

name(s) of child(ren), date of birth, address, email, phone number, adult contact information, Delwood Membership number if you are a member and how you will be paying by cash, cheque (made out to Delwood Community League) or email transfer.

**PAYMENTS AND REGISTRATIONS NEED TO BE RECEIVED NO LATER THAN MAY 1, 2014**

## Children Craft Night for Mother's Day Class

Children will create some crafts for their moms for upcoming Mother's Day!

**WHEN:**

Wednesday May 7

**TIME:**

6:30 - 8 p.m.

**AGES:**

Children 6-12 years old

**COST:**

\$5.00 for Delwood Member

\$10.00 for Non-Delwood Member

**WHERE:**

Delwood Community League Rink Shack

**REGISTRATION:**

Contact Shawna to register your child(ren) at [dir-program@delwood.ca](mailto:dir-program@delwood.ca)

**INCLUDE:**

name(s) of child(ren), date of birth, address, email, phone number, adult contact information, Delwood Membership number if you are a member and how you will be paying by cash, cheque (made out to Delwood Community League) or email transfer.

**PAYMENTS AND REGISTRATIONS NEED TO BE RECEIVED NO LATER THAN APRIL 29, 2014**

## Karate is for ALL AGES!

Little Dragon's — Ages 3-5 — \$50/mo.

Kid's Classes — Ages 6-14 — \$60/mo.

Adult Classes — Ages 15+ — \$60/mo.

15% off 2nd family member

25% off 3rd family member

**Beginners Welcome!**

All classes are on Tuesday/Thursday

Karate is not only a great way to improve your fitness, it also teaches focus, self-confidence, better learning habits, leadership skills and much more. Classes will be held on Tuesday and Thursday at Delwood Community Hall. Join Today!

For more information call

**780-238-KICK(5425)**

or go to

[www.premierma.net](http://www.premierma.net)



**START TODAY! FIRST CLASS IS FREE!**

# Councillor **Tony Caterina**

City of Edmonton – Ward 7



**Communities to be proud of!**

**780.496.8333**

**tony.caterina@edmonton.ca**

## **Delwood Soccer Bottle Drive**

**April 12, 2014  
9 a.m. to 2 p.m.**

### **Support the growing soccer program Delwood**

Proceeds will go toward equipment Delwood provides to children participating in the soccer program. Players will be dressed in our current Delwood jerseys related to their age group to identify themselves while out canvassing for bottles, cans, milk and juice containers (recyclables).

If you have recyclables and wish to not be disturbed, please leave any recyclables you wish to donate on your front step and the players will gladly pick them up. You can also drop off your recyclables at Delwood hall parking lot starting at 9 a.m. Saturday morning. **Thank you in advance for your support.**



# 2014 Indoor Soccer Season

We are extremely happy to report that Delwood fielded a total of 8 teams this indoor season consisting of 112 players along with 24 coaches, assistant coaches and managers representing our community. Here is a breakdown of our teams and some of the highlights of this past indoor season.

- U6 Mixed:** Coach — Lindsay Lacoursiere-Ougniwi  
Assistant coach — Cody Lacoursiere-Ougniwi
- U8 Mixed:** Coach — Shelley Evoy  
Assistant coach — Todd Panter

The U6 and U8 teams are non competitive age groups. The coaches work on developing skills and the key objective is to have fun. Despite some early morning games and scraped knees, it is reported that everyone had a good time.

- U10 Boys:** Coach — Terry Oyakawa  
Assistant coach — Colin Bishop  
Manager — Misty Ebel
- U10 Girls:** Coach — Matt Abrahart  
Assistant coach — Charmaine Bourassa  
Manager — Lindsay Abrahart

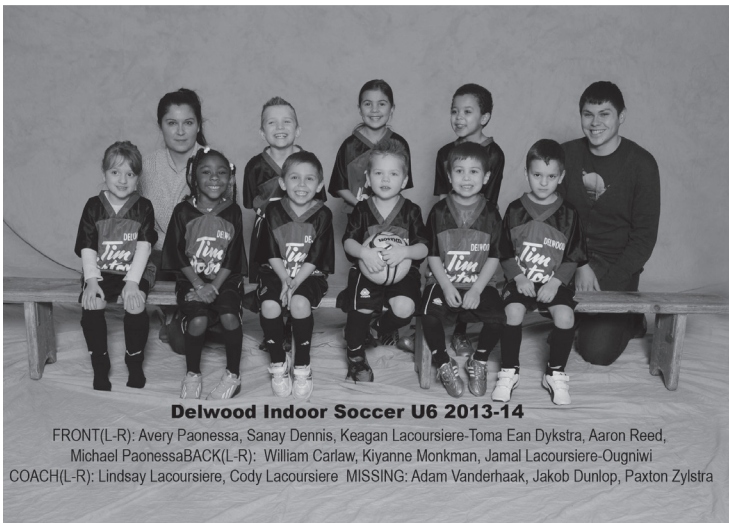
This was the first U10 year for the majority of both the boys and girls teams where they made the transition from playing on a half field to a full field. This means a lot more running and positional play. The teams adjusted very well and finished well in their respective tiers.

- U12 Boys:** Coach — Darrell Demchuk  
Assistant coach — Robert Tchir  
Manager — Roxanne Coelho

The U12 boys had a strong indoor season and continued developing their skills. They finished the season placing 3rd in their tier. Way to go boys!

- U14 Girls:** Coach — Chris Spielmann  
Assistant coach — Sal Durante  
Manager — Valeska Spielmann

After having a spectacular outdoor season, the Delwood Scorpions continue to play very well this indoor season. The Girls finished 2nd in the top tier securing them a spot to play in the City Championships the weekend of Feb 22-23. They



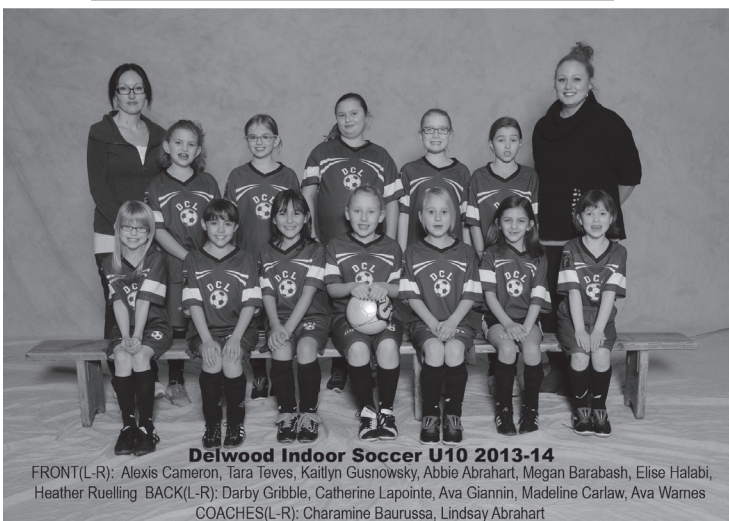
**Delwood Indoor Soccer U6 2013-14**

FRONT(L-R): Avery Paonessa, Sanay Dennis, Keagan Lacoursiere-Toma Ean Dykstra, Aaron Reed, Michael Paonessa BACK(L-R): William Carlaw, Kiyenne Monkman, Jamal Lacoursiere-Ougniwi  
COACH(L-R): Lindsay Lacoursiere, Cody Lacoursiere MISSING: Adam Vanderhaak, Jakob Dunlop, Paxton Zylstra



**Delwood Indoor Soccer U8 2013-14**

FRONT(L-R): Rolland Dowbush, Averi Hoogveld, Luke Burton, Mathew Mook, Claire Carlaw, Victoria Panter, Aiden Nawrocki BACK(L-R): Alexander Yereniuk, Abigail Gokiert, Sydney Grafe-Cruz COACH: Todd Panter  
MISSING: Aryana Anderson Anaya Bikhari, Carson Evoy, Skyler Gosselin, Coach Shelly Evoy



**Delwood Indoor Soccer U10 2013-14**

FRONT(L-R): Alexis Cameron, Tara Teves, Kaitlyn Gusnowsky, Abbie Abrahart, Megan Barabash, Elise Halabi, Heather Ruelling BACK(L-R): Darby Gribble, Catherine Lapointe, Ava Giannin, Madeline Carlaw, Ava Warnes  
COACHES(L-R): Charamine Baurussa, Lindsay Abrahart



**Delwood Diggers Indoor Soccer U10 Boys 2013-14**

FRONT(L-R): Juan Chunza, Logan Gillingham, Aiden Colling, Steven Bishop, Riley Ebel, Ryan Coelho, Keagan Oyakawa  
BACK(L-R): Anmol Ota, Sirak Gezay, Daniel Sorochoan, Chizuam Ajaegbu, Cole Reiter  
COACHES(L-R): Terry Oyakawa, Colin Bishop, Misty Ebel MISSING: Kael Barker, Wyatt Greenough

are guaranteed to advance to either Inter-Cities in Calgary or Provincials here in Edmonton depending on where they place in Cities.

**U14 Boys:** Coach — Brent Stewart  
Coach — Rifet Sabljakovic  
Assistant coach — Aziza Kajtazovic  
Manager — Brenda Mcphee

The U14 boys team had a succesful regular season. The boys finished 2nd in their tier which qualifies them to compete in the City Championships the weekend of Feb 22-23. They also played in the Polar Cup this past December winning a Gold Medal. Awesome job!

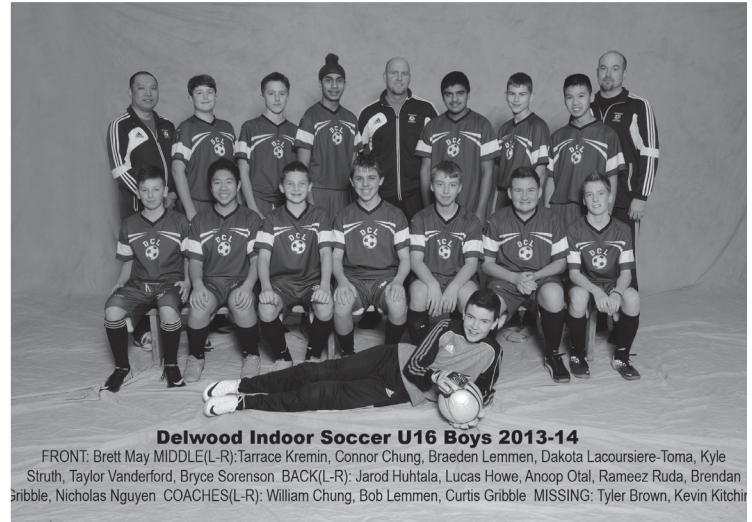
**U16 Boys:** Coach — Willie Chung  
Assistant coach — Bob Lemmen  
Assistantt coach — Curtis Gribble  
Manager — Katrina Huhtala

The U16 boys team competed very well keeping them seated in the top tier for the entire season. They finished the regular season placing 2nd and are now preparing to compete in the City Championships Feb 22-23. They are also guaranteed to advance to either Inter-Cities here in Edmonton or Provincials in Calgary in early March depending on where they place in Cities. The team played in the Polar Cup where they finished 3rd. Well Done!

Good luck to all the teams competing in post season play. Please look for the results of all our post season teams in the next issue of the Delwood Views.

We would like to extend a huge thank you to all of the coaches and managers who volunteered their time and effort to making this indoor season a success. We know first hand the commitment that it takes and it would not happen without you guys. Thanks to all of the parents for coming out and supporting the players, coaches and managers and good luck in the upcoming outdoor season.

Chris /Ann Howe — Delwood Soccer Directors  
ac.howe@hotmail.com



**Delwood Indoor Soccer U16 Boys 2013-14**

FRONT: Brett May MIDDLE(L-R):Tarrace Kremin, Connor Chung, Braeden Lemmen, Dakota Lacoursiere-Toma, Kyle Struth, Taylor Vanderford, Bryce Sorenson BACK(L-R): Jarod Huhtala, Lucas Howe, Anoop Otal, Rameez Ruda, Brendan Gribble, Nicholas Nguyen COACHES(L-R): William Chung, Bob Lemmen, Curtis Gribble MISSING: Tyler Brown, Kevin Kitchir



**Delwood Indoor Soccer U14 Boys 2013-14**

FRONT: Brandon Pappin MIDDLE(L-R): Chris Fletcher, Jagar Fraser, Jacob Desjardin, Julian Schlachter, Caleb Green, Christian Poole, Zakaria Taha BACK(L-R): Trevor Stewart, Haris Kajtazovic, Kieran Audy, Chidera Ajaegbu, Thomas York COACHES(L-R): Aziza Kajtazovic, Rifet Sabljakovic MISSING: Aden Mophee, Brandon Smit, Brent Stewart, Brenda Mcphee



**Delwood Indoor Soccer U12 Boys 2013-14**

FRONT(L-R): Gus Burton, Bret Demchuk, Ben Hansen, Ben Green, James York, Daniel Alvarado, Raymond Coelho BACK(L-R): Noah Mercer, Liam Gribble, Tristan Craig COACHES(L-R): Darrell Demchuk, Robert Tchir MISSING: Ben Stahlke, Ali Tunali, Manager Roxeanne Coelho



**Delwood Scorpions Indoor Soccer U14 Girls 2013-14**

FRONT: Kasandra Langstaff MIDDLE(L-R): Michelle Spielmann, Kendra Oyakawa, Katie Kaiser, Hannah Desrosiers, Abby Chelen, Taylor Oyakawa, Kailey Durante, Faith Mahoney BACK(L-R): Lauren Spielmann, Shelby Tondou, Jordanna Kreider, Rebecca Williamson, Christin Tondou, Anika Kubalik COACHES(L-R): Sai Durante, Chris Spielmann, Valeska Spielmann MISSING: Lauren Paradis

*Come Check Out the*  
**EDMONTON SPRING BAZAAR**  
YEG's Newest Spring Shopping Event!



Just in time for Easter and Mother's Day! We have:

- ✓ Art and Photography
- ✓ Handmade Baby Items
- ✓ Jewellery and Accessories
- ✓ Baking and Jams
- ✓ Gourmet Dog Treats
- ✓ Scentsy and Arbonne
- ✓ Stella and Dot
- ✓ ALL Kinds of Gifts

The Bazaar will include a raffle and 50/50 draw, grab bags for the first 50 people, and fun activities for the kids.

Admission is FREE, but donations of cash and toys will be accepted in support of the Stollery Children's Hospital Foundation. The proceeds from the Bazaar will also be donated.

**10 am – 3 pm, Saturday, April 5, 2014**  
**Delwood Community Hall, 7515 Delwood Rd., Northeast Edmonton**



Check us out at  
[www.YEGSpringBazaar.weebly.com](http://www.YEGSpringBazaar.weebly.com),  
[www.facebook.com/YEGBazaar](http://www.facebook.com/YEGBazaar), and  
[@YEGSpringBazaar](https://www.instagram.com/YEGSpringBazaar)



**Alberta Health  
Services**

*Emergency  
Medical  
Services*

## Burns and Scalds



Every month Alberta Health Services EMS responds to emergencies where a young child has sustained severe burns or scalds. These incidents often occur inside the child's own home. Common causes include a child accidentally tipping hot liquids onto themselves, touching a hot surface, or making contact with an electrical outlet. Fortunately, incidents such as these can be avoided by taking simple preventative measures.

### Degrees of burn

- **1°:** Affects only the top layers of the skin; appears red like a sun burn; discomfort is generally tolerable.
- **2°:** Deeper and much more painful than 1° burns; broken skin or blisters commonly develop.
- **3°:** Severe: the deepest layers of skin and tissue are injured; may appear charred or leathery.

### First Aid for burns

- Skin may continue to burn if not aggressively cooled. Immediately douse burns with large amounts of cold water.
- Cover the burn with a sterile dressing, or any clean, non-fluffy material to protect from infection.
- Over the counter medications may be used for pain. Adhere to directions given on the label.
- Seek further medical attention from your doctor as required.

### Prevention of burns

- Check the temperature of your hot water tank. Many homes keep hot water temperatures as high as 60°C / 140°F. This temperature will scald a child in just seconds.
- Use placemats instead of tablecloths. Tablecloths can be yanked downward causing hot drinks or food to spill on a child.
- Turn pot handles to the back of the stove and ensure cords from kettles, slow cookers, and other electrical appliances cannot be reached.
- Avoid picking up a child while holding any hot liquids.
- Ensure electrical outlets are made secure by installing commercially available safety devices that prohibit access.

If you require immediate medical attention for a burn, **call 9-1-1.**

[www.albertahealthservices.ca](http://www.albertahealthservices.ca)



# Integrity

MASSAGE THERAPY

[www.integritymassagetherapy.ca](http://www.integritymassagetherapy.ca)  
**For appointments call: (780) 406-6653**

Email: [jan@integritymassagetherapy.ca](mailto:jan@integritymassagetherapy.ca)  
13037-64 Street NW, Edmonton

Conveniently located in North East Edmonton,  
walking distance from the Belvedere LRT Station.

30 minutes \$40  
1 hour \$65  
90 minutes \$90

**SPECIAL**  
Purchase your first  
1 hour massage and get your  
second appointment at 1/2 price!

Every Woman Empowered  
**Mother's Day**  
Pamper & Trade Show

April 26 & 27  
9 a.m. - 5 p.m.

Delwood Community Hall

Raffles • Door Prizes • Hot Food Concession • Free Admission

**SEW** *Divine*

**Quilting Fabrics, Notions & Classes**

13632 - 82 St. Edmonton

Hours: Mon. - Fri. 9:30 - 5:30

Sat. 9:30 - 5:00

Phone (780) 476-8877 [www.sewdivine.ca](http://www.sewdivine.ca)



# totaleclipse

S U N G L A S S E S

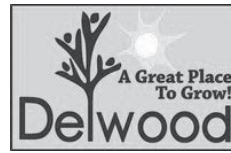
Londonderry Mall 66St. & 137Ave.

**Bring This Ad to Get \$10 OFF Purchase**

Some Conditions Apply See Store for Details

Londonderry location Only

## Get Involved in Your Community



Make a difference in Delwood! We have a few committees that need to get started in Delwood. Perhaps one will fit your special interests or skills. We are looking for people to Chair these committees, so that we can bring other folks to the table and move forward.

### **Delwood 50<sup>th</sup> Anniversary Committee**

Delwood will be celebrating its 50<sup>th</sup> Anniversary in 2015. Do you love planning parties? Are you a founding resident? Do you have early photos of the community as it grew to the great place it is today? Do you have great ideas for a fun inspiring way to bring the community together? Contact us so we can gather a great group to mark this important year in our history.

### **Delwood Playground Rejuvenation Committee**

Are you a closet landscape designer? Do you have playground envy? Are your kids looking for fun new ways to enjoy the playground? Our playground is getting a little tired and we need to consider new equipment. We have had some interest from people, but need a Committee Chair to bring everyone together. This process is probably going to take 5 years, but will be so great for the families in Delwood.

### **Delwood Neighbourhood Watch**

A few years ago we had an active Neighbourhood Watch group, but it has since dissolved. We need a new Chair for this committee to bring it back. If you are interested in getting to know your neighbours and community better, contact us.

### **Delwood Community Garden**

There is renewed interest in starting a Community Garden in Delwood. We have one person interested in co-chairing the Committee. Are you interested in joining in? Part of the plan would be to involve students of local schools in the garden. We are looking for 1) a community gardening committee and 2) those interested in having a garden for themselves, and 3) people who have gardens they don't use that would be interested in volunteering their garden plots.

For any of these positions, please contact Shawna at 780-953-3184 or email at [dir-program@delwood.ca](mailto:dir-program@delwood.ca)

## Your ideas matter

The Delwood School Parent Council would like to invite comments and ideas from the community about the portion of Delwood Road that is directly in front of the school. This stretch of the road is often quite busy just before and after the school day and we are looking for possible solutions.

### **Next Meeting:**

**March 4, 2014**

**6:30 p.m.**

**Delwood School**

If you cannot attend, but would like to pass on an idea to the Parent Council, please e-mail us at [mbrisbois@gmail.com](mailto:mbrisbois@gmail.com)

# DELWOOD OUTDOOR SOCCER REGISTRATION 2014

Where:	Delwood Hall	Saturday, March 1, 2014	Time: 10:00 am - 1:00 pm
	Delwood Hall	Wednesday, March 19, 2014	Time: 6:30 pm - 8:30 pm
	Delwood Hall	Wednesday, March 26, 2014	Time: 6:30 pm - 8:30 pm

## Age Categories:

(Born between Jan. 1st and Dec. 31st of the applicable year)

U4	Boys/Girls (2010/2011)
U6	Boys/Girls (2008/2009)
U8	Boys/Girls (2006/2007)
U10	Boys/Girls (2004/2005)
U12	Boys/Girls (2002/2003)
U14	Boys/Girls (2000/2001)
U16	Boys/Girls (1998/1999) ***
U18	Boys/Girls (1996/1997) ***

\*\*\*Player card required

## Estimated Fees

(Early Bird)

\$75.00
\$105.00
\$105.00
\$135.00
\$165.00
\$205.00
\$205.00
\$205.00

## Estimated Fees

(After March 26, 2014)

\$90.00
\$120.00
\$120.00
\$150.00
\$180.00
\$220.00
\$220.00
\$220.00

**Tournaments are the responsibility of each team.**

## Fees include the following:

Zone registration fees, team socks, pictures and trophies.

U10 – U12 referee fees

U14 – U18 linesman and referee fees

## Parents/Guardians **MUST** bring the following:

- 2013/2014 Valid Community Membership  
– will be available to purchase at registration.
- Alberta Health Care Card
- One (1) \$100.00 Mandatory uniform deposit cheque per player dated June 30, 2014
- One (1) \$200.00 Mandatory Bingo deposit cheque.  
Requirement is 1 per family.
- Above deposits must be separate cheques.
- Shin guards are mandatory for all games and practices.

## Delwood will require Outdoor Soccer coaches

– please indicate interest at registration

## For more information please contact

Chris/Ann Howe – Delwood Soccer Directors

After 7 pm at 780-476-8669 or email [ac.howe@hotmail.com](mailto:ac.howe@hotmail.com)

**On line registration is also available at:**

**[edmontonnorthsoccer.ca](http://edmontonnorthsoccer.ca)**

Please bring (2) copies of your online form to registration (see above dates)

**Fees and volunteer commitments must be done at registration.**

