

FUN FOR THE WHOLE FAMILY!

#### Delwood Community Hall 7515 Delwood Road

All proceeds go towards the Delwood Playground Replacement Fund

Pay with cash, credit or debit!

ADMISSION \$5 CONCESSION DJ ON SITE

#### **Delwood Views**

# 2022/2023 Delwood **Community League Executive**

PRESIDENT Carol Dragich Bishop

**VICE PRESIDENTS** Administration Amelia Wiltzen

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**SECRETARY** Victoria Powluk

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**Facilities** Daniel Cox

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**Program** Craig Turner

Seniors Liaison Josie Palosky Carolyn Taylor

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# **Delwood Community League**

7515 Delwood Road Edmonton, AB T5C 3A9 views@delwood.ca delwood.ca



**f** facebook.com/delwoodcommunityleague

o instagram.com/delwoodcommunityleague

# **Executive Meetings**

Delwood Community League Executive meets the third Monday of every month at 6:30 p.m.

Delwood residents who have ideas to share or questions are welcome to attend a meeting or contact a member of the executive.

# **Delwood Hall Rental** Information

Rental Type	Public Rate	Delwood Resident Member Rate
Friday/Saturday	\$450	\$350
Sunday	\$300	\$200
Weekday	\$200	\$150
Wedding Package (Fri 4 p.m Sun 4 p.m.)	\$800	\$700
Funeral Package	\$200	\$150

#### Sanitization fee: \$125

All rentals must adhere to AHS restrictions and protocols. For more information on our hall, or to make a booking, contact our Hall Facilitator:

Chantal Chinni

delwood.ca/hall hall@delwood.ca

June 2022

# **Summer Youth Video Game Nights**

# Second Monday of each month

# 7-11 pm • Drop In

# Ages 12-20 Free Admission Small Concession

June 13 July 11 August 8

Test your skills in Mario Kart 8 Deluxe, Just Dance and more at our Youth Video Gaming Night. We will have an Xbox, PS4 and Nintendo Switch setup for group play. Enjoy chips and soda from our concession too!

delwood.ca

#### **Delwood Views**



# Picture it sold with Milligan Realty!

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Real Estate and Property Management Family Owned and Operated Business Since 1979

7308 Delwood Road, Edmonton, AB T5C 3A7

This is not intended to solicit persons or property under contract.



#### June 2022



# Delwood Community League Nordic Walking Program

for interested community residents Call Kim Mah at 780-478-2017 for information and to register

# Lawn Care Service in Delwood

Delwood provides a match-up service between people who need lawncare and people who provide lawncare.

If you provide a grass cutting service or are a student looking to make some summer cash, add your name to our list.

If you are in need of lawn care assistance, call us up and we can connect you!

### Phone 780.475.6806 or 780.476.7803

and leave a message; or email dir-seniorsliaison@delwood.ca

# Fundraiser Freight is **Recruiting Again...**

HNYONE CAN CONQUER ANYTHING FUNDRHISER FREIGHT WITH H FRIEND

Do you want to learn new skills and or develop your existing skills?

Are you looking to join a fun team?

Do you want someone to chat with?

Are you looking to meet new people?

Are you between the ages of 13 and 99?

Do you love Halloween?

Do you enjoy volunteering?

Do you want something new to add to your resume?

Do you live in the Delwood Community?

Do you like to do Halloween makeup?

Are you creative?

**Do you have some free time?** We do go all year round.

If you answered yes to any of the above questions, shoot us an email for an application: fundraiserfreight@shaw.ca

We only have FIVE positions left for the 2022 season.

Don't wait to apply!

delwood.ca



### Karate is for ALL AGES!

Karate is not only a great way to improve your fitness, it also teaches focus, self-confidence, better learning habits, leadership skills and much more. Classes will be held on Tuesday and Thursday at Delwood Community Centre (7515 Delwood Road). **JOIN TODAY!** 

#### **BEGINNERS WELCOME!**

### Little Dragons Program

- Ages 3 5
- $\cdot\,$  Learn Karate through fun and games
- $\cdot\,$  Achieve better focus and attention skills
- $\cdot\,$  Learn street proofing skills

### **Adult Classes**

Ages 15+

- $\cdot$  Training fit to your needs
- · Great exercise through high energy class
- $\cdot \,$  Good stress reliever

•	This program teaches focus, discipline and better learning
	habits through routines

Kid's Classes Ages 6 - 14

- $\cdot\,$  Gain leadership skills through teamwork exercises
- $\cdot\,$  Acquire confidence through self defense

	Schedule — Tuesday/Thursday		
	Little Dragons	5:30 - 6 p.m.	
	Kid's White - Yellow	6 - 6:45 p.m.	
energy classes	Kid's Orange - Brown	6:45 - 7:30 p.m.	
	Adult Class	7:30 - 8:15 p.m.	

For more information or to register call **780-238-KICK(5425)** or visit us online on Facebook or at **www.premierma.net** 

ONLY \$100/month. Community League Members receive \$10/mo discount. START TODAY — FIRST CLASS IS FREE! Ask about our family discounts!

# Create a Team and Join our Human Foosball Tournament

Have you ever wanted to play human foosball? Join our tournament taking place during the Delwood Fall Festival on September 24 2022!

No previous experience required.

Register your human foosball team of eight or more members at delwood.ca/foosball



Alberta Health Services Emergency Medical Services



# Window & Balcony Safety

With the return of warmer weather, Emergency Medical Services (EMS) would like to remind parents and caregivers of an often overlooked hazard in the home – access to open windows. Every year, paramedics respond to emergencies where a child has fallen from an open window, often from the second floor. These can be avoided by following safety measures. Take the time to assess potential hazards in your home before a preventable fall occurs.

#### Windows and screens

- Prevent access to windows by moving furniture such as cribs, beds, stools, and change tables out from under them;
- Keep drapery cords out of childrens' reach. Wrap excess cord around cleats, or tie-downs to avoid a choking hazard;
- Remember, screens are not safety devices. They are designed to keep bugs out, not children in.

#### **Balconies**

- Do not underestimate a child's ability to climb. Furniture and other items stored on balconies and decks can be used to climb resulting in falls over the railing;
- Ensure that your balcony railings are not more than 10 cm (4 inch) apart. This will eliminate access between the vertical bars of a balcony, or deck.

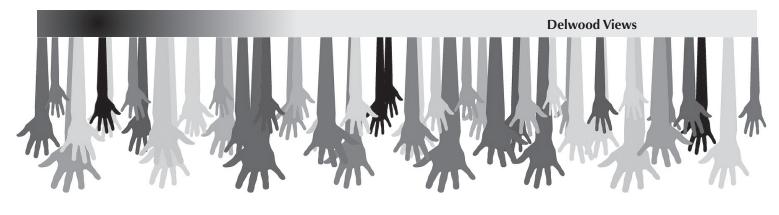
#### **Further prevention tips**

- Toddlers & preschoolers are at highest risk of falling from a window, or balcony, but it may happen at any age;
- Direct supervision of children is the single most effective way to prevent falls from windows and balconies;
- Install safety devices which limit the distance in which a window be can open to a maximum of 10cm (4 inches);
- Ensure the safety device can be released quickly, so the window can be used for escape in case of emergency.
- Consider purchasing a portable air conditioner, which will enable windows to stay closed & secure.

EMS is proud to be a member of the **Partners Promoting Window and Balcony Safety.** Take time to assess your home for window and balcony hazards and eliminate the risks before a preventable fall occurs. www.windowsafety.ca

#### www.albertahealthservices.ca

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# CALL FOR VOLUNTEERS

### Delwood needs volunteers for upcoming bingo and casino dates.

These dates provide Delwood with the funding it needs to organize events like the Fall Festival, Christmas Craft Sale, Garage Sale and more!

FORT ROAD BINGO August 1, 2022 September 14, 2022 **4:15 - 9:30 pm** August 10, 2022 September 28, 2022 **CENTURY CASINO** September 6, 2022

September 7, 2022

To support your community and volunteer for bingo nights, please contact hall@delwood.ca

To support your community and volunteer for casino dates, please contact Darlene Clark at 780-893-9440.

# Are you a high school student looking for service hours, or an adult looking to make a difference?

## The Delwood Fall Festival needs volunteers!

Your support will enable the event to go forward this year. Join us on September 24 2022, we can't do it without you! If you are interested in volunteering, please visit **delwood.ca/volunteer** and fill out the form to get started.