# VIEWS



November 2023



# 2023/2024 Delwood Community League Executive

**PRESIDENT** Carol Dragich Bishop president@delwood.ca 780.439.1235

VICE PRESIDENTS

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**Seniors Liaison** Josie Palosky seniors@delwood.ca 780.476.7803

**Sports** Jon Buck

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# **Delwood Community League**

7515 Delwood Road Edmonton, AB T5C 3A9 contact@delwood.ca

delwood.ca

facebook.com/delwoodcommunityleague

instagram.com/delwoodcommunityleague

# **Executive Meetings**

Delwood Community League Executive meets the third Monday September - June at 6:30 p.m.

Delwood residents who have questions or ideas to share are welcome to attend a meeting or contact a member of the executive.

# **Delwood Hall Rental Info**

|  | Non-member<br>or Associate<br>Member | Delwood<br>Resident<br>Member |
|--|--------------------------------------|-------------------------------|
| Monday to Thursday<br>Damage Deposit   | <b>\$200</b><br>\$200                | <b>\$150</b><br><i>\$150</i>  |
| <b>Friday or Saturday</b> Damage Deposit   | <b>\$450</b><br><i>\$450</i>         | <b>\$350</b><br>\$350         |
| <b>Sunday</b><br>Damage Deposit  | <b>\$300</b><br><i>\$300</i>         | <b>\$200</b><br><i>\$200</i>  |
| Weekend Friday 4 pm to Sunday 4 pm Parking lot not available until Friday at 4 pm during the school year | \$800                                | \$700                         |
| Damage Deposit   | \$500                                | \$500                         |

For more information on our hall, or to make a booking, contact our Hall Facilitator:

Chantal Chinni delwood.ca/hall hall@delwood.ca

# Marilyn and Richard Nichols Green Unveiled



In June, the community league and the City of Edmonton, along with family and friends of Marilyn and Dick Nichols, gathered to unveil the naming of the green space located at 81 Street NW, north of 133 Avenue, the Marilyn and Richard Nichols Green.

This green space is named after Marilyn and Richard (Dick) Nichols, founding members of Delwood Community League, who demonstrated exceptional volunteerism and leadership in their community for over 55 years.



The Delwood Community League is in need of volunteers to help at our upcoming bingo dates.

2023

Fort Road Bingo (Evening)
Wednesday November 22
Thursday December 28

Kensington Bingo (Evening) Wednesday November 29 Monday December 18

2024

Fort Road Bingo (Evening)
Monday January 8
Friday February 9
Thursday February 22
Tuesday March 26
Thursday April 11
Friday May 10
Thursday May 23

**Kensington Bingo (Evening)** 

Thursday January 4 Monday February 19 Thursday March 14 Wednesday April 3 Thursday April 25 Thursday May 23

If you are able to lend a hand, please visit **delwood.ca/volunteer** or email **hall@dellwood.ca** 

Your contributions are invaluable!





# **BEGINNERS** WELCOME!

Tuesdays & Thursdays

# Karate is for ALL AGES!

Karate is not only a great way to improve your fitness, it also teaches focus, self-confidence, better learning habits, leadership skills and much more. Classes will be held on Tuesday and Thursday at Delwood Community Hall (7515 Delwood Road). JOIN TODAY!

For more information or to reaister call

780-238-KICK(5425) or visit us online on Facebook or at premierma.net

# **Little Dragons Program**

5:30 - 6 pm

- Ages 4 5
- Learn Karate through fun and games
- Achieve better focus and attention skills
- Learn street proofing skills

## Kid's Classes

Ages 6 - 14

**Ages 15+** 

- This program teaches focus, discipline and better learning habits through routines
- · Gain leadership skills through teamwork
- Acquire confidence through self defense

## 6 - 6:45 pm

White - Yellow

## 6:45 - 7:30 pm

Orange - Brown

8 - 8:45 pm

### Adult Classes

- Training fit to your needs
- Great exercise through high energy classes
- · Good stress reliever

ONLY \$100/month. Community League Members who work a volunteer shift receive a one time \$75 credit.

START TODAY — FIRST CLASS IS FREE! Ask about our family discounts!

SECURITY • FIRE • VIDEO • ACCESS

**Protecting our Community Since 1970** 

# **Smart Security for your Home and Business**

- ✓ Alarm Systems
- ✓ Monitored Smoke & CO Detectors
- ✓ Video Cameras
- ✓ Flood, Freeze & Sump Monitoring
- ✓ Video Doorbells
- ✓ Edmonton Monitoring Centre
- ✓ Home Automation
- ✓ For New or Existing Security Systems

**Ask about Special Pricing for Delwood Community League Members** 

780.424.6971 · telsco.com



# Thank You, Delwood, for an Amazing Fall Festival

The Delwood Community League would like to thank all those who attended the Fall Festival in September. We had an amazing turnout, and were thrilled to be able to share our love for our vibrant community!

Did you like what you saw? Join us for more upcoming community events, like our Christmas Craft Sale, Turkey Bingo, Game/Card Nights, Children's Dance, and more! Check our website at delwood.ca/events for more information.

As the saying goes, many hands make light work, and the Delwood Fall Festival would not have proceeded without the contributions of our dedicated volunteers, or the support of Fundraiser Freight, the City of Edmonton, the Edmonton Public Library, GFL, the Edmonton Police Service, EMS, Edmonton Fire Rescue, the Italian Bakery, and Premier Martial Arts. Our Fall Festival Planning committee also worked throughout the year to make this event possible.

Would you like an opportunity to give back to your community? Register as a volunteer at delwood.ca/volunteer.











# Snow Removal Service in Delwood

Delwood provides a match-up service between people who need snow removal and people who provide snow removal.

If you provide a snow clearing service or are a student looking to make some winter cash, add your name to our list.

If you are in need of snow clearing assistance, give us a call and we will connect you!

Phone 780.475.6806 and leave a message.



# Family Games Nights 7:00 P.M. · DECEMBER 11, JANUARY 8, FEBRUARY 12 2nd Monday of every month, September - June Cards - Board Games - TTRP Join us at Delwood Hall for a fun evening for all ages! If you have questions, please contact games@delwood.ca

# Delwood Community League

# MEMBERSHIP PERKS

Purchasing a Delwood Membership is one of the best ways to support your local community league, and includes plenty of perks, including:



- Free Ice Skating
- Free Community Swim
  - Fridays at Grand Trunk, Saturdays at O'Leary, Sundays at Londonderry pools
- Free membership at the Edmonton Tool Library (EdmontonToolLibrary.ca)

# **Delwood Community League Discounts on:**

- Sponsored Programs & Events
- Hall Rentals
- Table/Booth Rentals



\$25 for a household up to 2 adults

## Other Discounts include:

- 25% off Microsoft and Adobe courses from the University of Alberta Technology Training Centre
- 10% off clothing & giftware from the University of Alberta Bookstore
- Up to 10% off NFP Insurance (https://www.nfp.ca/gha)
- 10% off pass prices at House of Wheels
- Wholesale pricing at Cloverdale Paint
- Orbis Sports
- City of Edmonton's sports and fitness facilities for Community League Members:
  - Annual Pass –20% off Adult, Family, Child, Youth or Senior Annual Passes
  - Continuous Monthly Pass –20% off using Pre-Authorized Debit Program
  - Multi Admission Pass –15% off multi-admission pass (starting at 5 visits)

Purchase your 2023-2024 Membership (September 1, 2023 - August 31, 2024) today online at **delwood.ca/membership**, by emailing membership@delwood.ca, or by visiting us at one of our in-person events.





Emergency Medical Services



# Accidental Poisoning



Emergency Medical Services (EMS) would like to remind parents and caregivers of precautions they can take to prevent accidental childhood poisonings around the home. Ingesting prescription or over-the-counter (OTC) medications is a significant cause of accidental childhood poisonings. Other causes include ingesting or contact with household items such as dishwasher or laundry tablets, mouthwash, or chemicals such as paints, solvents, or cleaning products.

# **Medication storage**

- Place all medications in locked containers and store in an area inaccessible to children;
- For easy identification, store all medications in their original packaging; do not mix multiple medications in a single bottle;
- Install child locks on all cabinets, or drawers where medications are stored.

# Safety tips

- Child-resistant medication bottles are not <u>child proof</u>. They can still be opened by a child;
- Take extra precaution with medicines designed to appeal to children such as chewable vitamins or flavored cough and cold syrups;
- Promptly dispose of any medications or toxic household products no longer in use.

### Prevention

- Store household products, cleaning supplies, and cosmetics in locked cabinets or drawers;
- Install child latches on cabinets children might also access by climbing on counters or chairs;
- Label all plants in and around your home and garden;
- Antifreeze, windshield washer fluid, and pesticides are extremely poisonous. Even small amounts of these can cause serious illness if ingested;
- Poisoning information can be obtained by calling the Poison and Drug Information Service (PADIS) at: 1-800-332-1414;
- In case of a poisoning emergency, <u>call 9-1-1</u>;
- Provide the name of the product ingested and, if it is safe to do so, a sample of the substance for EMS to inspect on their arrival.

www.albertahealthservices.ca



**PLENTY OF PRIZES!** 

Drop your children off at the...

# Delwood Children's Winter Dance



# Delwood Community League's Outdoor Skating Rink



Community League Members skate for Free with Skate Tags on Skates. \$3 for Non-Members

# **Public Skating Times**

### **GENERAL HOURS**

Monday - Friday 4:30 - 9:00 pm Saturday 1:00 - 9:00 pm Sunday 1:00 - 6:00 pm

**SHINNY** (Experienced Skaters Only) Friday - Saturday 9:00 - 10:30 pm

### **FAMILY SKATE**

Sunday 4:00 - 6:00 pm

### **HOLIDAYS**

Visit our website or Facebook page for confirmation.

**Note:** The opening of the rink is dependent on weather. We hope to have the rink open by early December.

The rink will be closed when it is above +5°C or below -20°C outside. Please visit our website or Facebook page for updates.

Smoking, e-cigarettes, cannabis products, and alcohol are strictly prohibited on the rink, and in the rink shack at all times.