

January 2024

# *Delwood Family Valentine's Dance*

Friday, February 9 ♥ 7 - 9 pm

7515 Delwood Road NW



Enjoy a concession and a live DJ  
at this fun, family friendly event

Admission **\$5**  
Community League Members **FREE**

## 2023/2024 Delwood Community League Executive

**PRESIDENT** Carol Dragich Bishop  
president@delwood.ca 780.439.1235

**VICE PRESIDENTS**  
**Administration** Erin Hunt  
vp-admin@delwood.ca

**Operations** VACANT  
vp-operations@delwood.ca

**TREASURER** Darlene Clark  
treasurer@delwood.ca

**SECRETARY** Victoria Powluk  
secretary@delwood.ca

**DIRECTORS**  
**Civics** Craig Turner  
civics@delwood.ca

**Communications** Nathaniel Soroohan  
communications@delwood.ca

**Facilities** Pat Hunt  
facilities@delwood.ca

**Fundraising** Allison Scott  
fundraising@delwood.ca

**Membership** Shallen Esteves  
membership@delwood.ca 780.667.0340

**Program** VACANT  
program@delwood.ca

**Seniors Liaison** Josie Palosky  
seniors@delwood.ca 780.476.7803

**Sports** Jon Buck  
sports@delwood.ca

## Delwood Community League

7515 Delwood Road  
Edmonton, AB T5C 3A9  
contact@delwood.ca

delwood.ca

 facebook.com/delwoodcommunityleague  
 instagram.com/delwoodcommunityleague

## Executive Meetings

Delwood Community League Executive meets the third Monday September - June at 6:30 p.m.

Delwood residents who have questions or ideas to share are welcome to attend a meeting or contact a member of the executive.

## Delwood Hall Rental Info

	Non-member or Associate Member	Delwood Resident Member
<b>Sunday to Thursday</b> <i>Damage Deposit</i>	<b>\$400</b> \$400	<b>\$300</b> \$300
<b>Friday or Saturday</b> 4 pm to 3 am the next day <i>Damage Deposit</i>	<b>\$500</b> \$500	<b>\$400</b> \$400
<b>Full Weekend</b> Friday 4 pm to Sunday 4 pm Parking lot not available until Friday at 4 pm during the school year <i>Damage Deposit</i>	<b>\$1000</b> \$500	<b>\$900</b> \$500

For more information on our hall, or to make a booking, contact our Hall Facilitator:

Chantal Chinni

delwood.ca/hall  
hall@delwood.ca

# Family Games Nights

Drop-In

2nd Monday of every month,  
September - June

7:00 P.M. • FEBRUARY 12,  
MARCH 11, APRIL 8, MAY 13

Cards - Board Games - TTRP

Join us at Delwood Hall  
for a fun evening  
**FOR ALL AGES!**

If you have questions, please contact  
[games@delwood.ca](mailto:games@delwood.ca)



Delwood Rink ...

## More Than Just Skating

Come to the rink shack during rink hours for a fun place to stay cozy with a comfy seating area, board games, video games, and more!

Delwood Community League

## MEMBERSHIP PERKS

Purchasing a Delwood Membership is one of the best ways to support your local community league, and includes plenty of perks, including:

- Free Ice Skating
- Free Community Swim
- Free membership at the Edmonton Tool Library ([EdmontonToolLibrary.ca](http://EdmontonToolLibrary.ca))

**Delwood Community League Discounts on:**

- Sponsored Programs & Events
- Hall Rentals
- Table/Booth Rentals

**Other Discounts include:**

- City of Edmonton's sports and fitness facilities for Community League Members:
  - Annual Pass -20% off Adult, Family, Child, Youth or Senior Annual Passes
  - Continuous Monthly Pass -20% off using Pre-Authorized Debit Program
  - Multi Admission Pass -15% off multi-admission pass (starting at 5 visits)
- Discounts with many local businesses

Purchase your 2023-2024 Membership (September 1, 2023 - August 31, 2024) today online at [delwood.ca/membership](http://delwood.ca/membership), by emailing [membership@delwood.ca](mailto:membership@delwood.ca), or by visiting us at one of our in-person events.

**Delwood**  
a great place to grow  
MEMBER

**\$10**  
for a **seniors**  
household

**\$25**  
for a household  
up to 2 adults

# Thank You

## For Another Excellent Craft Sale

Thank you so very much to the vendors, volunteers, and customers that made the 2023 Christmas Craft Sale another grand success! Extra thanks go out to Fundraiser Freight who, at the 11th hour, helped move, set up and tear down tables when we unexpectedly had to move venues. Their community spirit is remarkable!

I appreciate all of my volunteers who step up every year to make sure things run smoothly – it is an honour to be part of this community. I love that my kids still want to help their mom with the craft sale and send a big hug to them for spending the day with me and helping out so much.

I have an incredible group of vendors who cheerfully moved venues without a pause, and who greeted our customers with smiles and cheer all day long.

Save the date for next year – November 23, 2024!

With gratitude and thanks,  
Kathleen Ruelling, Craft Sale Coordinator



**BEGINNERS  
WELCOME!**

**Tuesdays &  
Thursdays**

### Karate is for ALL AGES!

Karate is not only a great way to improve your fitness, it also teaches focus, self-confidence, better learning habits, leadership skills and much more. Classes will be held on Tuesday and Thursday at Delwood Community Hall (7515 Delwood Road). **JOIN TODAY!**

For more information or to register call

**780-238-KICK(5425)**

or visit us online on Facebook or at **premierma.net**

### Little Dragons Program

**Ages 4 - 5**

- Learn Karate through fun and games
- Achieve better focus and attention skills
- Learn street proofing skills

**5:30 - 6 pm**

### Kid's Classes

**Ages 6 - 14**

- This program teaches focus, discipline and better learning habits through routines
- Gain leadership skills through teamwork exercises
- Acquire confidence through self defense

**6 - 6:45 pm**

White - Yellow

**6:45 - 7:30 pm**

Orange - Brown

### Adult Classes

**Ages 15+**

- Training fit to your needs
- Great exercise through high energy classes
- Good stress reliever

**8 - 8:45 pm**

**ONLY \$100/month. Community League Members who work a volunteer shift receive a one time \$75 credit.**

**START TODAY — FIRST CLASS IS FREE! Ask about our family discounts!**





## Delwood Parks Are Onleash Only

Pets are required by law to be on leash when outside of the home, or enclosed backyard, with the exception of designated off-leash parks. School yards and community parkland in Delwood are not designated off-leash areas.

## Snow Removal Service in Delwood

Delwood provides a match-up service between people who need snow removal and people who provide snow removal.

If you provide a snow clearing service or are a student looking to make some winter cash, add your name to our list.

If you are in need of snow clearing assistance, give us a call and we will connect you!

**Phone 780.475.6806**  
and leave a message.

Delwood's  
Annual  
General  
Meeting  
2024



**Monday, March 18**  
**6:30 pm**

Some current members of the board will be stepping away this term. If you are interested in making a difference in your community, Delwood has a positive, collaborative board. Questions may be directed to Carol Bishop at 780-439-1235 or [president@delwood.ca](mailto:president@delwood.ca)

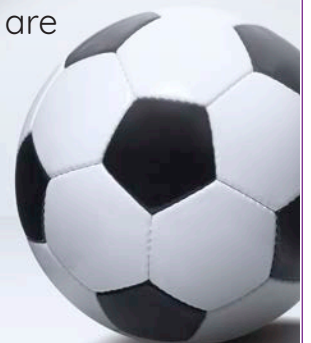
To learn more about board positions, visit [delwood.ca/board-positions](http://delwood.ca/board-positions)



## Soccer Coordinator Needed

Delwood needs a dedicated soccer coordinator to help plan future soccer seasons

If you appreciate the importance of community sports and are able to fill this role, please email [contact@delwood.ca](mailto:contact@delwood.ca)



# Sakalya Yoga & Meditation

at Delwood Hall

Wednesdays 7 - 8:15pm  
Starting January 31

Sakalya yoga follows many of the principles and techniques of ancient practices in that it is inclusive of Mantras (chanting), Mudras (gestures and hand poses), Meditation, Asana (body postures and flows) and Kriyas (a technique or action that leads to liberation). Kriya removes energetic blocks, increases energy and enlivens the nervous system.

All you'll need is a yoga mat, a cushion, some water and willingness.

Contact: YEGsakalya@gmail.com



# TELSCO

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- ✓ Video Cameras
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- ✓ Monitored Smoke & CO Detectors
- ✓ Flood, Freeze & Sump Monitoring
- ✓ Edmonton Monitoring Centre
- ✓ For New or Existing Security Systems



780.424.6971 • [telsco.com](http://telsco.com)



# Delwood Family Day 2024

Delwood Park  
& Delwood Hall

**Monday  
February 19**

12 - 3 PM

Outdoor Events

3:30 PM

Movie in Delwood Hall

Bring your family down, starting at noon, for a fun day of winter activities like **FREE skating** or **tobogganing**, and enjoy some **hot chocolate!**

Join us inside Delwood Hall at 3:30 PM for a **FREE** showing of the family movie **ELEMENTAL**

The concession will accept cash, debit, and credit

# VOLUNTEERS

# NEEDED!

The Delwood Community League is in need of volunteers to help at our upcoming 2024 events

Bingo

Friday February 9  
Thursday February 22  
Tuesday March 26  
Thursday April 11  
Friday May 10  
Thursday May 23

Friday February 9

Delwood  
Valentine's  
Family Dance

Delwood Family  
Day Event

Monday February 19

If you are able to lend a hand, please visit [delwood.ca/volunteer](https://delwood.ca/volunteer) or email [hall@delwood.ca](mailto:hall@delwood.ca)

**Your contributions are invaluable!**

# Delwood Community League's Outdoor Skating Rink

We have two rinks: one for all-ages hockey and one for family skating & small children



Community League Members skate for Free with Skate Tags on Skates. \$3 for Non-Members

## Public Skating Times

### GENERAL HOURS

Monday - Friday	4:30 - 9:00 pm
Saturday	1:00 - 9:00 pm
Sunday	1:00 - 6:00 pm

### SHINNY (Experienced Skaters Only)

Friday - Saturday	9:00 - 10:30 pm
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### FAMILY SKATE

Sunday	4:00 - 6:00 pm
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### HOLIDAYS

Visit our website or Facebook page for confirmation.

**Note:** The rink will be closed when it is above +5°C or below -25°C outside. Please visit our website or Facebook page for updates.

Smoking, e-cigarettes, cannabis products, and alcohol are strictly prohibited on the rink, and in the rink shack at all times.