

March 2024

Delwood Community League

# ANNUAL GENERAL MEETING

Monday, March 18, 2024 at 6:30 pm

## We Need Your Vote

The AGM requires a quorum of 25 voting members to proceed. Any Delwood resident with a current community membership qualifies as a voting member. There is no obligation to volunteer; simply attend and be willing to vote. This is your opportunity to learn about the projects your dedicated board members have been working on this past year.

## Programs

We will be reviewing programs, events and upgrades the community league is considering. These are decisions that require full community input, not just from the Board.

## Join Our Board

We are also looking for new board members as many of our current ones are stepping down. Our board is a friendly, supportive, and fun group that welcomes new ideas and energy.

To learn more about all of our board positions, check out page 2, or contact Carol Bishop at 780-439-1235 or [president@delwood.ca](mailto:president@delwood.ca) for more information.

## 2023/2024 Delwood Community League Executive

**PRESIDENT** Carol Dragich Bishop  
 president@delwood.ca 780.439.1235

**VICE PRESIDENTS**  
**Administration** Erin Hunt  
 vp-admin@delwood.ca

**Operations** VACANT  
 vp-operations@delwood.ca

**TREASURER** Darlene Clark  
 treasurer@delwood.ca

**SECRETARY** Victoria Powluk  
 secretary@delwood.ca

**DIRECTORS**  
**Civics** Craig Turner  
 civics@delwood.ca

**Communications** Nathaniel Sorochan  
 communications@delwood.ca

**Facilities** Pat Hunt  
 facilities@delwood.ca

**Fundraising** Allison Scott  
 fundraising@delwood.ca

**Membership** Shallen Esteves  
 membership@delwood.ca 780.667.0340

**Program** VACANT  
 program@delwood.ca

**Seniors Liaison** Josie Palosky  
 seniors@delwood.ca 780.476.7803

**Sports** Jon Buck  
 sports@delwood.ca

## Delwood Community League

7515 Delwood Road  
 Edmonton, AB T5C 3A9  
 contact@delwood.ca

delwood.ca

 facebook.com/delwoodcommunityleague  
 instagram.com/delwoodcommunityleague

## Executive Meetings

Delwood Community League Executive meets the third Monday September - June at 6:30 p.m.

Delwood residents who have questions or ideas to share are welcome to attend a meeting or contact a member of the executive.

## Delwood Hall Rental Info

	Non-member or Associate Member	Delwood Resident Member
<b>Sunday to Thursday</b> <i>Damage Deposit</i>	<b>\$400</b> \$400	<b>\$300</b> \$300
<b>Friday or Saturday</b> <i>Damage Deposit</i>	<b>\$500</b> \$500	<b>\$400</b> \$400
<b>Full Weekend</b> Friday 4 pm to Sunday 4 pm Parking lot not available until Friday at 4 pm during the school year <i>Damage Deposit</i>	<b>\$1000</b> \$500	<b>\$900</b> \$500

For more information on our hall, or to make a booking, contact our Hall Coordinator:

Chantal Chinni

delwood.ca/hall  
 hall@delwood.ca

# Family Games Nights

7 PM DROP-IN

2nd Monday of every month,  
September - June

MARCH 11, APRIL 8, MAY 13

Cards - Board Games - TTRP

Join us at Delwood Hall  
for a fun evening  
**FOR ALL AGES!**

If you have questions, please contact  
[games@delwood.ca](mailto:games@delwood.ca)

Delwood Community League

## MEMBERSHIP PERKS

Purchasing a Delwood Membership is one of the best ways to support your local community league, and includes plenty of perks, including:

- Free Ice Skating
- Free Community Swim
- Free membership at the Edmonton Tool Library ([EdmontonToolLibrary.ca](http://EdmontonToolLibrary.ca))

**Delwood Community League Discounts on:**

- Sponsored Programs & Events
- Hall Rentals
- Table/Booth Rentals

**Other Discounts include:**

- City of Edmonton's sports and fitness facilities for Community League Members:
  - Annual Pass -20% off Adult, Family, Child, Youth or Senior Annual Passes
  - Continuous Monthly Pass -20% off using Pre-Authorized Debit Program
  - Multi Admission Pass -15% off multi-admission pass (starting at 5 visits)
- Discounts with many local businesses

Purchase your 2023-2024 Membership (September 1, 2023 - August 31, 2024) today online at [delwood.ca/membership](http://delwood.ca/membership), by emailing [membership@delwood.ca](mailto:membership@delwood.ca), or by visiting us at one of our in-person events.





**Tuesdays & Thursdays**

### Karate is for ALL AGES!

Karate is not only a great way to improve your fitness, it also teaches focus, self-confidence, better learning habits, leadership skills and much more. Classes will be held on Tuesday and Thursday at Delwood Community Hall (7515 Delwood Road). **JOIN TODAY!**

For more information or to register call

**780-238-KICK (5425)**

visit us online on Facebook or at **premierma.net**

### Little Dragons Program

5:30 - 6 pm

**Ages 4 - 5**

- Learn Karate through fun and games
- Achieve better focus and attention skills
- Learn street proofing skills

### Kid's Classes

6 - 6:45 pm

**Ages 6 - 14**

White - Yellow

- This program teaches focus, discipline and better learning habits through routines
- Gain leadership skills through teamwork exercises
- Acquire confidence through self defense

6:45 - 7:30 pm

Orange - Brown

### Adult Classes

8 - 8:45 pm

**Ages 15+**

- Training fit to your needs
- Great exercise through high energy classes
- Good stress reliever

ONLY \$100/month. Community League Members who work a volunteer shift receive a one time \$75 credit.

**START TODAY — FIRST CLASS IS FREE!** Ask about our family discounts!

# Sakalya Yoga & Meditation

at Delwood Hall

**Wednesdays 7:00 - 8:15pm**

Sakalya yoga follows many of the principles and techniques of ancient practices in that it is inclusive of Mantras (chanting), Mudras (gestures and hand poses), Meditation, Asana (body postures and flows) and Kriyas (a technique or action that leads to liberation). Kriya removes energetic blocks, increases energy and enlivens the nervous system.

All you'll need is a yoga mat, a cushion, some water and willingness.



Contact: [YEGsakalya@gmail.com](mailto:YEGsakalya@gmail.com)

# TELSCO

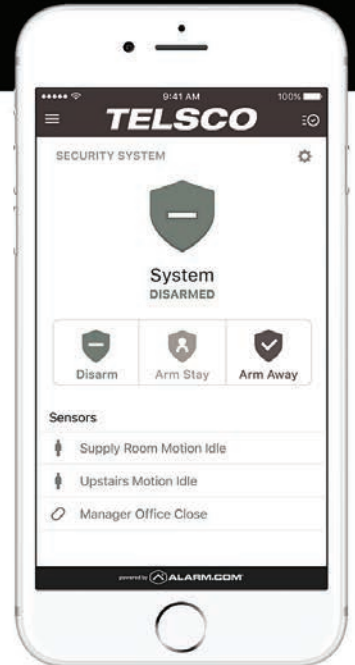
SECURITY • FIRE • VIDEO • ACCESS

Protecting our Community Since 1970

## Smart Security for your Home and Business

- ✓ Alarm Systems
- ✓ Video Cameras
- ✓ Video Doorbells
- ✓ Home Automation
- ✓ Monitored Smoke & CO Detectors
- ✓ Flood, Freeze & Sump Monitoring
- ✓ Edmonton Monitoring Centre
- ✓ For New or Existing Security Systems

**780.424.6971 • [telsco.com](http://telsco.com)**



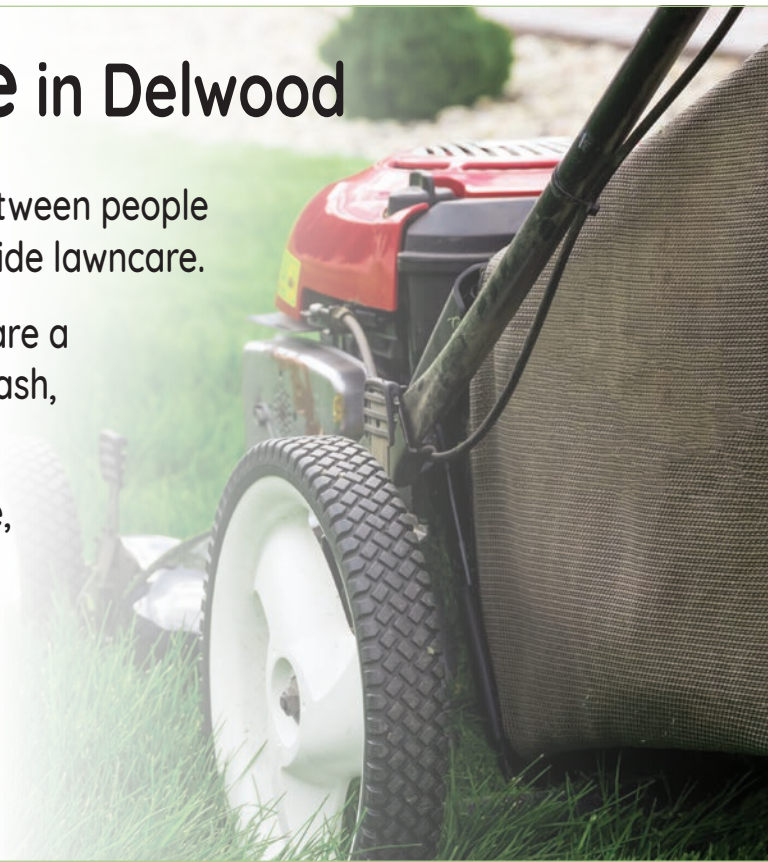
## Lawn Care Service in Delwood

Delwood provides a match-up service between people who need lawncare and people who provide lawncare.

If you provide a grass cutting service or are a student looking to make some summer cash, add your name to our list.

If you are in need of lawn care assistance, call us and we can connect you!

Phone **780.475.6806**  
and leave a message; or email  
**[seniors@delwood.ca](mailto:seniors@delwood.ca)**



Do you have some items lying around that you'd love to give a second life? Sell them at our annual



**SATURDAY  
MAY 25, 2024  
10 AM - 4 PM**



**BOOK YOUR TABLE TODAY!**

\$30 for Members  
\$40 for Non-Members

**delwood.ca/tables**  
or email  
**hall@delwood.ca**

**VOLUNTEERS**

**NEEDED!**

The Delwood Community League is in need of volunteers to help at our upcoming evening bingo dates.

**Fort Road Bingo**

Tuesday March 26  
Thursday April 11  
Friday May 10  
Thursday May 23

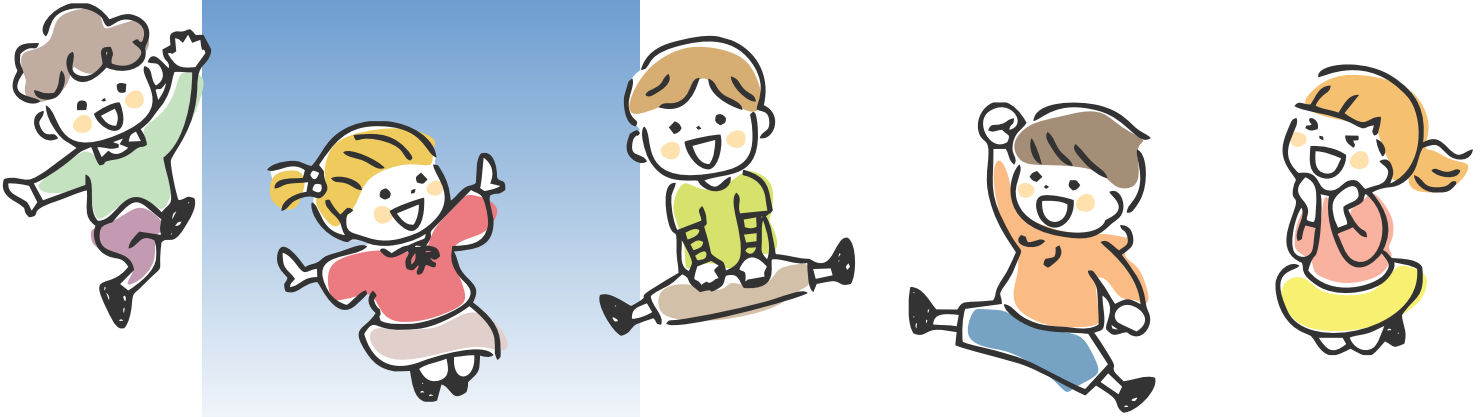
**Kensington Bingo**

Thursday March 14  
Wednesday April 3  
Thursday April 25  
Thursday May 23

If you are able to lend a hand, please visit

**delwood.ca/volunteer**  
or email **hall@dellwood.ca**

**Your contributions are invaluable!**



**RED CROSS**

# Babysitting Course

at Delwood Hall

Sunday, April 14 9 am - 4 pm

**Ages 11-17**

**\$60**

per person

Registration Deadline:  
**April 12**

**A full-day course  
including lunch  
and ending with  
Red Cross  
Certification**

Register online at [delwood.ca/courseregistration](http://delwood.ca/courseregistration) or email [hall@delwood.ca](mailto:hall@delwood.ca)

The Delwood Community League presents



# MIGRATION

a FREE Family Movie Night

FRIDAY, MARCH 22 • 7 pm  
Delwood Hall

Concession with cash, debit and credit options

